



Diverse Ability Swim Lessons

Ragsdale Family YMCA

Confidence With Every Stroke

YMCA Swim Lessons help adults, kids, and families learn an important life skill and support them in gaining the knowledge, ability, and stamina to become strong and confident swimmers. At the YMCA, we believe every student should be able to learn to swim regardless of physical ability, cognitive function, congenital or acquired injury, disability, chronic illness, or cultural and linguistic backgrounds. Our Diverse Ability one-on-one lessons offer a supportive learning environment for all participants to learn basic swimming and water safety skills!



Ages: 3 years to Adult

Cost per Session: \$60 for Member | \$85 for Community Guest

Scheduling: Step 1 is getting on the Diverse Ability Interest List, which can be found online: Programs > Swimming > Diverse Abilities Swim Lessons > To Register, then click on the link to the [Diverse Ability Interest List](#). After that, someone from Aquatics management will get in touch with you to match you with an instructor.

**For more information please contact Camille Wells
(Aquatics Coordinator) at 336-882-9622 ext: 223
Camille.Wells@ymcagreensboro.org**

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Register at ymcagreensboro.org